

**JOIN US FOR AN
AMAZING 1 HOUR
GROUP WORKOUT**

CARDIO DRUMMING

Cardio drumming is a fun 60 minute, full body, moderate to high intensity workout. If you like music & are looking for a good sweat this is the workout for you!!!



WHEN: Every Monday @
6:30-7:30PM

February 11—May 20, 2019

WHERE: Pinckney Public
Library

PRICE: \$5 per class OR \$7 w/
rental kit (limited
availability)

Open to all ages!!!