



Pinckney Community Public Library Yoga For Wellness

Fridays 10:15 am

**Bring your mat, water,
any yoga props you may use
during your practice.**

**No fee—donations accepted for
St. Jude Children's Research Hospital.**

**Instructor: Denise N. Johnson, E-RYT,
Certified Yoga Warriors International Instructor,
Reiki Certified, Yoga for All Certified
Questions? Email: chaitimr@charter.net**